

**PARTS COME UNASSEMBLED.**

Please follow these instructions for best results:

NOTE: TOGGLES ARE FOR USE WITH 5/16" FIXTURE KO'S ONLY

Pass free end of Y-Cable through double-ended Pushmepullyu gripper. Cable exits at side of gripper. Pull cable through about 36". Pass free end of cable through plastic sleeve then over structural suspension point & back through Pushmepullyu.

ADJUST FIXTURE HEIGHT by drawing cable through both gripper mechanisms to raise fixture, or by depressing plungers to lower fixture.

NOTE THAT PLUNGERS WILL NOT DEPRESS WHILE THERE IS ANY WEIGHT ON MECHANISM. You will need to take the weight off the system before depressing plungers.

When fixture is at desired height, adjust plastic sleeve to protect cable from rough surfaces at suspension point.

Excess cable may be cut NO LESS THAN 1" from gripper cable exit point.